



The requirements for receiving parental benefits and a guide to help you through each question are found towards the end of this form.

When both parents wish to apply, they must submit separate application forms.

The deadline for submission is one year after childbirth/adoption.

Please write in block letters.

| 1. Employee | | | |
|--|--|---------------------------------------|--|
| Name: | | P-tal: | |
| Street and no.: Postcode and town: E-mail: | | PO Box: | |
| | | Telephone: | |
| | | Mobile no.: | |
| Bank account no.: | | Pension account no.: | |
| Are you a single parent? | | ☐ Yes ☐ No | |
| (day/month/year) | | (day/month/year) | |
| | | | |
| | | | |
| | | | |
| | | | |
| 48 weeks after birth | | + 4 weeks: multiple births | |
| 52 weeks after birth (single) | | + 8 weeks: premature (before week 32) | |
| 52 weeks after placement (adoption) | | | |





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| Are you, according to law and contract, entitled to salary from your employer during the parental leave? | | | Yes | ☐ No | |
|--|---|---|-----|-----------|--|
| If yes, please encl | ose the form "Application | n for parental benefits, employer". | | | |
| Have you been on the labour market for less than one year before the parental leave? | | | Yes | ☐ No | |
| If yes : When did you sta | rt? (day/month/year): | | | | |
| Are you entitled to parental benefits from another country? | | | Yes | No | |
| Are you affiliated with several employers during the leave? | | | Yes | No | |
| If yes: Who? | | | | | |
| | | must submit an application for each employer application, but please provide a description in | | Committee | |
| Do you work part-time during the parental leave? | | | Yes | ☐ No | |
| If yes: Name of employe | r: | | | | |
| V-tal: | | % of full time: | | | |
| Period: | From: | To, inclusive: | | | |
| 4. Confirmation | from employer npty, provide an explanation | n in field 6) | | | |
| Name of employe | r: | | | | |
| V-tal: | | | | | |
| I certify that the information in fields 2 and 3 is accurate. | | | | | |
| Date | | Signature | | - | |





5. Confirmation from the mother

| (Only complete this section if the applicant is the father or the co-mother) | | | | |
|--|-----------|--|--|--|
| I certify that the applicant are the father or the co-mother of the child. | | | | |
| P-tal | Name | | | |
| Date | Signature | | | |
| If the father or the co-mother applies for more than 4 weeks paternity allowance following the 14 th week after childbirth, I certify that I am not at home with a salary in this period. | | | | |
| Date | Signature | | | |
| 6. Other information | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| 7 Configuration from applicant | | | | |
| 7. Confirmation from applicant I certify that the information given in this form is accurate and I understand that I am obliged to report any change in circumstance that might affect the parental benefits. I also confirm that I look after the child in the period of the parental leave. | | | | |
| Date | Signature | | | |

Employee



Main requirements for receiving parental benefits

To be eligible for parental benefits, you must:

- 1. be a woman and not be working because of pregnancy or childbirth,
- 2. be the father or the co-mother of a newborn child,
- 3. be a parent and not be working in order to stay home with an adoptive child,
- 4. look after the child during the parental leave,
- 5. live in the Faroe Islands,
- 6. have full tax liability in the Faroe Islands,
- 7. have an A-income and/or B-income where an insurance for parental benefits has been taken out.

Deadline

Submit the application for parental benefits to Barsilsskipanin within one year of giving birth or date of placement of an adoptive child. After this deadline, you have lost the right to parental benefits.

Please enclose the following required documents with the application

- When applying for parental benefits up to four weeks before the due date, you must enclose documentation of the baby's due date, certified by a midwife, doctor or a GP, or a letter confirming the planned caesarean,
- When applying for parental benefits up to 8 weeks before the due date, you must enclose a doctor's certificate called "Váttan um sjúku hjá barnakonu ella vanda fyri fosturskaða",
- If you receive daily benefits (dagpening) up to 8 weeks before the due date, you must enclose a copy of your letter from Almannaverkið about this.
- When applying for parental benefits after childbirth, you must enclose "Fráboðan um barnsburð",
- When applying for parental benefits in connection with adoption, you must enclose a certificate of adoption and documentation detailing when the child was placed.
- When applying for parental benefits as a B-wage earner, you must enclose pay slips for the last 12 months before the parental leave with the application.

You do not have to document income earned in the Faroe Islands in the 12 months before the parental leave, as Barsilsskipanin gets this information directly from TAKS. This also applies for self-employed.

The allowance can be a maximum of DKK 25,000 per month.

Compulsory pension contributions are paid on top of the parental allowance.

Legal framework

Parental Leave Act passed by Løgting (Faroese parliament) on 3 April 2001 with subsequent amendments and order on the administration of Barsilsskipanin of 31 May 2001.

Employee



Guide to each question

1. Employee

Please fill in information about the applicant, such as name, p-tal (civil registration number), the bank account number and pension account number you want the payments made to, as well as whether the applicant is a single parent.

2. Duration of the parental leave

Enter the date of the first and last day of parental leave. When the claim is for 48 weeks after childbirth or 52 weeks after adoption, enter the date of the first day and then check the applicable box. Parents of multiple newborns (such as twins) are entitled to 4 additional weeks (+ 4 weeks: multiple births). Parents of children born before week 32 of pregnancy are entitled to 8 additional weeks (+ 8 weeks: premature (before week 32)).

If the parents wish to divide the weeks between them, they must state each period on a new line. A period cannot be less than a week. A week is 7 consecutive days.

Mothers are entitled to maternity allowance 4 weeks before the due date or up to 8 weeks before the due date if she has a doctor's certificate called "Váttan um sjúku hjá barnakonu ella vanda fyri fosturskaða" which confirms that continued employment may put the health of the child or the mother at risk.

After the birth of the child, parents are entitled to stay at home with the child for 52 weeks altogether. They can claim parental allowance for 52 of those weeks. Of those weeks, the first 14 are reserved for the mother, 4 for the father or the co-mother, and the remaining 34 weeks they may share.

The father or the co-mother must claim his 4 weeks within 52 weeks of childbirth, and may use them at the same time as the mother. The weeks for sharing, can only be used by one parent at the time. They can only be used after the 14th week after childbirth, and must be used within 52 of childbirth.

Single parents are entitled to all 52 weeks within 52 weeks of childbirth.

Parents of multiple newborns (e.g. twins) are entitled to 4 additional weeks.

Parents of premature babies, that is babies born before week 32 of pregnancy, are entitled to 8 additional weeks.

Adoptive parents are entitled to parental benefits for 52 weeks after the placement of the child to use within 56 weeks of placement. Furthermore, both parents are entitled to benefits for up to 4 weeks prior to receiving the child, on the condition that they travel abroad to bring back the child in this period.

In some employment contracts, employees are entitled to salary from their employer for a part or for the entirety of the parental leave. If the employee is entitled to salary for a part of the parental leave, the "from date" is the day after the last payday.

3. Labour relations

Please clarify if the applicant is entitled to parental benefits or salary from their employer, if s/he has been working for less than a year, if s/he is affiliated with several employers or if s/he is partially working during the parental leave. If the applicant has been working for less than one year, s/he is considered new on the labour market, and the allowance will be calculated according to this.





New on the labour market is someone who in the last 12 months:

- has recently been in education and then started working,
- has recently been in education and then became part of the unemployment program ALS (being in ALS is considered as being on the labour market),
- has a job for the first time.

Furthermore, please inform us of any entitlement to parental benefits from another country. It is not permitted to receive parental benefits, or similar, from the Faroes and other countries at the same time.

The applicant may carry on with a part-time job, for example, for a part of the parental leave. If the applicant usually works 40 hours a week and in the parental leave wants to work 10 hours a week, then state in the form that the employee works 25% of his/her full-time job. The allowance will then decrease accordingly.

4. Confirmation from employer

The employer certifies that the information in field 2 and 3 is accurate. If there is no employer to confirm these fields, please provide an explanation in field 6. If you receive unemployment benefits from ALS, then ALS is considered your employer.

5. Confirmation from the mother

In this field, the mother must certify that the applicant are the father or the co-mother of the child. The mother must also certify if the father or the co-mother applies for more than 4 weeks of paternity allowance.

6. Other information

Fill in additional information; for example, committee work during the leave or if there is no employer.

7. Confirmation from applicant

This field is for the applicant to confirm that the information given in this form is accurate and that s/he is obliged to report any change in circumstance that may affect the allowance. The applicant also confirms that s/he will look after the child in the parental leave.

Please fill out this form carefully. If required information or documents are missing, Barsilsskipanin will notify you. In this case, the missing information must be sent to Barsilsskipanin within 14 days of receiving the notice. If you fail to respond in this time, the application will be cancelled.

If you withhold information or provide incorrect information, Barsilsskipanin will demand that you repay the received allowance. Also note, that under the provisions of § 162 of the Penal Code, a fine or a prison sentence of up to four months can be imposed. The information given in this form may be checked under the provisions of § 21 of the Parental Benefits Act.

Read more about parental benefits on Barsilsskipanin's website www.barsil.fo/en

This application form can contain sensitive information, so keep safety in mind

Submit the application form to TAKS via Mínboks or by other secure means.

TAKS, Smyrilsvegur 20, Postboks 2151, 110 Tórshavn, tel. 35 26 00, barsil@taks.fo.